

COMMUNITY ENGAGEMENT, CULTURE AND INCLUSION COMMITTEE MEETING – AGENDA



Agenda for the Community Engagement, Culture and Inclusion Committee
Meeting scheduled for Thursday, September 14, 2017 at 7:00 p.m. in
Council Chambers at Village Hall, 2697 Sunnyside Road, Anmore, BC

1. CALL TO ORDER

2. APPROVAL OF THE AGENDA

Recommendation: That the agenda be approved as circulated.

3. MINUTES

(a) Minutes of the Meeting held on June 8, 2017

Recommendation: That the Minutes of the Community Engagement, Culture and Inclusion Committee meeting held on June 8, 2017 be adopted as circulated.

4. BUSINESS ARISING FROM THE MINUTES

5. UNFINISHED BUSINESS

6. NEW BUSINESS

(a) Poverty Reduction Strategy

Committee to review and comment on the letter dated May 25, 2017 from Minister of Families, Children and Social Development, and the toolkit, per the following Council resolution (R119/2017).

"THAT THE LETTER DATED MAY 25, 2017 FROM MINISTER OF FAMILIES, CHILDREN AND SOCIAL DEVELOPMENT AND THE POVERTY REDUCTION STRATEGY TOOLKIT BE REFERRED TO THE COMMUNITY ENGAGEMENT, CULTURE AND INCLUSION COMMITTEE FOR REVIEW AND COMMENT."

(b) Age-Friendly Planning

Committee to review the Age-Friendly Action Plan dated December 2013.

7. ADJOURNMENT

COMMUNITY ENGAGEMENT, CULTURE AND INCLUSION COMMITTEE MEETING – MINUTES



Minutes of the Community Engagement, Culture and Inclusion
Committee Meeting held on Thursday, June 8, 2017 in Council Chambers
at Village Hall, 2697 Sunnyside Road, Anmore, BC

MEMBERS PRESENT

Councillor Ann-Marie Thiele (Chair)
Ping Luo
Babak Taghvaei

MEMBERS ABSENT

Nil

OTHERS PRESENT

Juli Kolby, Chief Administrative Officer
Christine Milloy, Manager of Corporate Services

1. CALL TO ORDER

Chair Thiele called the meeting to order at 7:03 p.m.

2. APPROVAL OF THE AGENDA

It was MOVED and SECONDED:

“APPROVAL OF THE AGENDA.”

CARRIED UNANIMOUSLY

3. MINUTES

Nil

4. BUSINESS ARISING FROM THE MINUTES

Nil

5. UNFINISHED BUSINESS

Nil

6. NEW BUSINESS

(a) Welcome and Introductions

Chair Thiele welcomed members to the new committee, and then members and staff introduced themselves and reported their interest in this Committee.

(b) Committee Orientation

Christine Milloy presented the Committee Orientation. Highlighted questions and concerns raised during the presentation included:

- Committee members are permitted to ask exploratory questions of outside organizations when conducting research; however, if members feel they are getting close to a position of representing the Village it is best to request that staff get involved with the research task.
- Staff will provide sample committee meeting minutes for use by the Note Taker at the next meeting.

Committee asked staff to distribute the Age Friendly Action Plan to members for information and reference.

Committee asked staff to provide the latest statistical data (i.e. Census) to members for information and reference.

(c) Discuss Objectives for Current Term

Ping Luo left the meeting at 7:26 p.m.; and returned to the meeting at 7:26 p.m.

Committee discussed the following topics as options to review during their term:

- Community engagement (events, policy and governance issues)
- Heritage preservation (archives)
- Cultural diversity
- Welcome package review
- Age friendly planning
- Community outreach, with focus on new residents.

Committee requested that staff forward the following list to Council for approval:

- Community engagement
- Heritage preservation
- Cultural diversity
- Age friendly planning
- Community outreach to new residents.

7. ADJOURNMENT

It was MOVED and SECONDED:

“TO ADJOURN.”

CARRIED UNANIMOUSLY

The meeting adjourned at 8:09 p.m.

Certified Correct:

Approved:

Christine Milloy
Manager of Corporate Services

Councillor Ann-Marie Thiele
Chair, Community Engagement, Culture
and Inclusion Committee



Ottawa, Canada K1A 0J9

Mr. John McEwen, Mayor
Village of Anmore
2697 Sunnyside Road
Anmore, BC V3H 5G9
john.mcewen@anmore.com

MAY 25 2017

Dear Mr. McEwen:

I am writing to thank you for participating in the roundtable discussion on Poverty Reduction Strategy that was held on February 16 in Vancouver.

Poverty is a problem that must be tackled on a number of fronts. I was pleased to have the opportunity to learn more from you and your counterparts about some of the poverty reduction initiatives under way in British Columbia. It is only by working together that we can reduce poverty and improve the economic well-being of all Canadian families so that they can have a real and fair chance to succeed. I appreciate the time and thoughts that you shared during our discussion.

As a leader, I hope you will encourage individuals in your community to participate in the Poverty Reduction Strategy consultation by providing their feedback, until June 30, through our website: <http://esdc-consultations.canada.ca/poverty-reduction-strategy>.

I also invite you, as well as organizations in your community, to host your own discussions, using the toolkit available online: <https://www.canada.ca/en/employment-social-development/campaigns/poverty-reduction/toolkit.html>.

Thank you again, and please accept my best wishes for the future.

Sincerely,

The Hon. Jean-Yves Duclos, P.C., M.P.



TOWARDS A

POVERTY REDUCTION STRATEGY



TOOLKIT

Poverty Reduction Strategy – Toolkit

You can download this by going online: canada.ca/publicentre-ESDC
This document is available on demand in multiple formats by contacting
1 800 O-Canada (1-800-622-6232), teletypewriter (TTY), 1-800-926-9105.

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droitdauteur.copyright@HRSDC-RHDCC.gc.ca

HOST YOUR OWN POVERTY REDUCTION STRATEGY COMMUNITY DISCUSSION

The Government of Canada is currently engaging Canadians on its development of a Poverty Reduction Strategy—one that creates a more inclusive middle class that is more accessible for those who wish to join it.

You can make a difference by participating and getting involved.

To help you host your own discussion and gather feedback from members of your community, the Government of Canada developed a toolkit with templates and materials for organizing and promoting your event as well as collecting and submitting the results.

The Government can also help promote your discussion – just send the date, time and location of your event to povertyreduction@canada.gc.ca seven days in advance of the event, and it can be posted on Canada.ca/reduce-poverty.

The kit includes:

- Agenda
- Invitation
- Discussion Notes Template
- Social Media Promotion
- Background information: [Towards a Poverty Reduction Strategy Summary](#)

After your discussion, we encourage you to send the results to povertyreduction@canada.gc.ca. Feel free to also send us photos and important quotes from participants. Your input will be shared with Jean-Yves Duclos, Minister of Families, Children and Social Development, and will be used to help shape the Poverty Reduction Strategy and give hard-working Canadians the chance they deserve to join the middle class.

Other ways you can participate include:

- taking part in the online [Discussion Forum](#);
- filling out the [Survey](#);
- posting a photo, video or written story to the [Share your Story](#) page; and
- talking about how you're contributing to the discussion using #ReducePoverty on Twitter (@SocDevSoc), Facebook (@SocialDevelopmentCanada) and Instagram (@esdc-edsc)

By participating in this consultation, you are consenting to, and acknowledging that you have read, understood and agree to the [Privacy Notice Statement](#); and that your submission, or portions thereof, may be published on Canada.ca.

AGENDA

Community Discussion on Poverty Reduction Strategy
Day, Month, Year
Start time – End time
City, Province or Territory

1. Welcome and introductory remarks
2. Participant introductions
3. Discussion begins

Theme #1 – Communities Experience

Questions:

- What does poverty look like in your community? What do you think are the main reasons people struggle to make ends meet?
- Which Government of Canada programs and policies do you feel are effective at reducing poverty? Are there some that can be improved?
- What are some key services or types of programs that are missing in your community that would really make a difference?

Theme #2 – Successful Poverty Reduction Strategy

Questions:

- What should success look like in the Canadian Poverty Reduction Strategy?
- What target(s) and indicators should we use to measure progress?

Theme #3 – Building and Maintaining Strong Partnerships

Questions:

- How can the Government of Canada align its Poverty Reduction Strategy so that it supports existing efforts by provinces, territories, municipalities and communities?
- How can we encourage an ongoing dialogue with other levels of government, community organizations, academia and businesses on poverty reduction efforts?

4. Closing remarks/Discussion concludes
5. Group photo (if applicable)
6. End

INVITATION

Subject line: You're invited to a community discussion on poverty reduction

Canada is a great country, and we are working hard to ensure that all Canadians receive the support they need to thrive and feel included. However, despite this progress, over 3 million Canadians still live in poverty.

Do you want to help reduce poverty in your community and across the country?

You're invited to attend a community discussion on poverty. The input from this event will be shared with Jean-Yves Duclos, Minister of Families, Children and Social Development, and will be used to help shape the Government of Canada's Poverty Reduction Strategy.

Poverty affects us all. We need your ideas and feedback to help make a difference. Get involved and share your voice.

Date:

Time:

Place:

Please confirm your attendance by **(day), (month) (year)**, by email or phone at **(phone number)**.

An agenda and discussion questions will follow upon confirmation.

Privacy Notice Statement:

By participating in this consultation, you are consenting to, and acknowledging that you have read, understood and agree to the [Privacy Notice Statement](#); and that your submission, or portions thereof, may be published on Canada.ca.

DISCUSSION NOTES TEMPLATE

Poverty Reduction Strategy

Day, Month, Year
Start time – End time
City, Province or Territory

PARTICIPANTS

1. (Name)
2. (Name)
3. (Name)
Title, Organization (if applicable)

KEY THEMES

- What are the main themes that were discussed during the discussion?

DIRECTION

- Provide summaries of the discussion points rather than a word-for-word account.
- Do not identify comments by contributors (i.e. names or organizations) – instead summarize the feedback from the group as a whole.
- When drafting the summary, use simple and neutral language.
- Make sure participants are aware that by participating they are consenting to, and acknowledging that they have read, understood and agree to the [Privacy Notice Statement](#).

Theme #1 – Communities Experience

Questions:

- What does poverty look like in your community? What do you think are the main reasons people struggle to make ends meet?
- Which Government of Canada programs and policies do you feel are effective at reducing poverty? Are there some that can be improved?
- What are some key services or types of programs that are missing in your community that would really make a difference?

Theme #2 – Successful Poverty Reduction Strategy

Questions:

- What should success look like in the Canadian Poverty Reduction Strategy?
- What target(s) and indicators should we use to measure progress?

Theme #3 – Building and Maintaining Strong Partnerships

Questions:

- How can the Government of Canada align its Poverty Reduction Strategy so that it supports existing efforts by provinces, territories, municipalities and communities?
- How can we encourage an ongoing dialogue with other levels of government, community organizations, academia and businesses on poverty reduction efforts?

Notes taken by:

(Name, Last Name)





(Phone Number)





(Email)

After your discussion, we encourage you to send the results to povertyreduction@canada.gc.ca. Feel free to also send us photos and important quotes you heard. Your input will be shared with Jean-Yves Duclos, Minister of Families, Children and Social Development, and will be used to help shape the Poverty Reduction Strategy and benefit people living in poverty across the country.

SOCIAL MEDIA PROMOTION

Poverty Reduction Strategy

TWEETS	FACEBOOK POSTS	VISUALS
<p>Participate in the Canada Poverty Reduction Strategy by hosting your own roundtable. Toolkit available;</p> <p>Link to: https://www.canada.ca/en/employment-social-development/campaigns/poverty-reduction/toolkit.html</p>	<p>You can take part in the Canada Poverty Reduction Strategy by hosting your own roundtable with the help of this toolkit.</p> <p>Link to this toolkit: https://www.canada.ca/en/employment-social-development/campaigns/poverty-reduction/toolkit.html</p>	<p>Twitter Visual:</p>  <p>Facebook Visual:</p> 
<p>Want to help #ReducePoverty in Canada? Take this survey!</p> <p>EHQ Survey LINK: http://esdc-consultations.canada.ca/canadian-poverty-reduction-strategy-survey/survey_tools/for-individuals-poverty-reduction-consultation-online-survey</p>	<p>Want to help #ReducePoverty in Canada? Take this survey!</p> <p>EHQ Survey LINK: http://esdc-consultations.canada.ca/canadian-poverty-reduction-strategy-survey/survey_tools/for-individuals-poverty-reduction-consultation-online-survey</p>	<p>Twitter Visual:</p>  <p>Facebook Visual:</p> 

<p>If you have lived experience of poverty in Canada, share your story to help #ReducePoverty in Canada</p> <p>Link to EHQ “Share your story”: http://esdc-consultations.canada.ca/canadian-poverty-reduction-strategy-stories</p>	<p>Poverty can affect us all. If you have a lived experience of poverty in Canada, we want to hear from you. Share your story to help #ReducePoverty in Canada.</p> <p>Share your story by commenting below or uploading your video, photo or written story to our “Share your story” page. You can also send us a link to your story, video and/or photo—just include Facebook (@SocialDevelopmentCanada) in your post and we’ll see it.</p> <p>Your story matters. Your story can make a difference. Your story will inform the Canadian Poverty Reduction Strategy</p> <p>Link to EHQ “Share your story”: http://esdc-consultations.canada.ca/canadian-poverty-reduction-strategy-stories</p>	<p>Twitter Visual:</p>  <p>Facebook Visual:</p> 
<p>Where should we focus our efforts to #ReducePoverty in Canada? Join the discussion forum and share your views</p> <p>Link to EHQ discussion forum: http://esdc-consultations.canada.ca/canadian-poverty-reduction-strategy-discussion</p>	<p>We want to hear diverse voices from across the country. Participate in our discussion forum and share your ideas on how to #ReducePoverty in Canada</p> <p>Link to EHQ discussion forum: http://esdc-consultations.canada.ca/canadian-poverty-reduction-strategy-discussion</p>	<p>Twitter Visual:</p>  <p>Facebook Visual:</p> 

Thank you to all who applied for the Poverty Advisory Committee - members to be announced in coming weeks!

Link to
Canada.ca/reduce-poverty

Thank you to everyone who applied for the Advisory Committee on Poverty. Stay tuned to hear about the committee members who will be announced in the coming weeks!

Link to
Canada.ca/reduce-poverty

Twitter Visual:

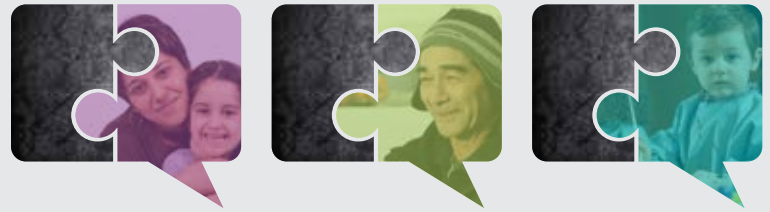


Facebook Visual:





TOWARDS A POVERTY REDUCTION STRATEGY - IN BRIEF



HAVE YOUR SAY

The Government of Canada is committed to developing a Poverty Reduction Strategy that will guide its future actions and ensure that fewer Canadians live in poverty. Poverty is a complex problem that requires involvement from a wide range of partners. For this reason, the Government of Canada is reaching out to its provincial, territorial and municipal partners, Indigenous people, community organizations, poverty experts and academics, the business community and, notably, those who have a lived experience of poverty to work together towards reducing poverty.

The Government of Canada would like to hear your views. Please consider these questions as you provide your input:

1. How do you define poverty? How should it be measured? Are there data gaps that need to be addressed to help improve our understanding of poverty in Canada?
2. What will success look like in a Poverty Reduction Strategy? What target(s) should we pick to measure progress?
3. Which indicators should we use to track progress towards the target(s)?
4. On which groups should we focus our efforts? Which dimensions of poverty should be prioritized?
5. Which Government of Canada programs and policies do you feel are effective at reducing poverty? Are there programs and policies that can be improved? What else could we do?
6. How can the Government of Canada align its Poverty Reduction Strategy so that it supports existing efforts by provinces, territories, municipalities and communities?
7. What are some initiatives/innovations in Canada or elsewhere that other governments, community organizations, academia, or businesses have introduced or proposed to effectively reduce poverty?
8. How can the Government encourage an on-going dialogue with other levels of government, community organizations, academia and businesses on its poverty reduction efforts?

THE CALL TO ACTION

Many indicators demonstrate how well Canada is doing socially and economically. Canada is 9th in the world in terms of human development based on strong achievement in the areas of life expectancy, educational attainment and income per capita. Canada has also seen a decline in the unemployment rate from a high of 8.7% to 6.9% between July 2009 and July 2016. Despite these positive signs over 3 million Canadians still live in poverty, which means that 1.9 million families struggle every day to make ends meet.

Poverty places a heavy burden on individuals. People living in poverty are forced to make difficult choices that they should not have to make. Choices like having to decide between paying rent or buying healthy food.

An online engagement website has been launched where interested individuals and organizations can share their thoughts and ideas. There are discussion forums and an opportunity for Canadians to share their story. The online engagement will be complemented by in-person roundtables with Indigenous organizations, businesses, community organizations, academic experts and, especially, Canadians who have lived in poverty.

THE MULTIPLE DIMENSIONS OF POVERTY

Poverty is complex. It impacts individuals in different ways and to different degrees. For some, poverty is temporary and associated with a short-term life event such as a job loss. For others, it can last a long time due to the multiple barriers they face. In some cases, it can be so pervasive that it is passed from parents to children.

When many think about poverty, the first thing that comes to mind is income. While income is essential for well-being, poverty is not only about a lack of adequate income. Being poor often goes hand-in-hand with poor housing, health, employment and education. Poverty also impacts social mobility. The multidimensional nature of poverty means governments need to respond to both its causes and its consequences by taking action to address the various deprivations that Canadians experience when living in poverty.

The various dimensions of poverty also cut across diverse groups of people and impact them in different ways. In other words, poverty affects people differently. Certain groups are more likely to live in poverty than others – single-parent families, single individuals aged 45-64, people with work-limiting disabilities, recent immigrants and Indigenous people.

DELIVERING AND REPORTING ON RESULTS

The Government of Canada recognizes that accountability matters for its commitment to reduce poverty in Canada. To meet this commitment, it will be important to build partnerships, establish clear targets, report on progress and identify what is successful and what is not.

One challenge in setting a target for a Canadian Poverty Reduction Strategy is that Canada does not have an official definition of poverty, nor an official measure to track it. Many countries do not. The most common way to measure poverty is by looking at income levels compared with pre-established thresholds. Canada has three main measures of low income that could be used to choose a target for the

Strategy: Low Income Cut-offs, the Low Income Measure and the Market Basket Measure.

The Government of Canada welcomes input regarding what targets and measures it should use to guide its efforts.

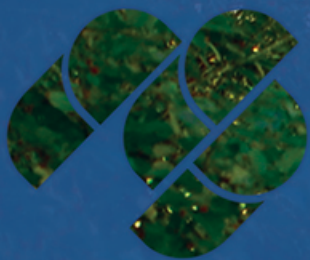
To complement an overall poverty-reduction target, other indicators could also be selected to track progress on certain dimensions related to poverty, such as education, employment, health and/or housing.

The Government of Canada has already implemented and announced several initiatives that will help reduce poverty in Canada.

Children and Families	<ul style="list-style-type: none"> • Introduced the Canada Child Benefit. • Working with the provinces, the territories and experts to develop a framework on early learning and child care to address the need for access to affordable, high-quality child care. • Develop a strategy against gender-based violence.
Seniors	<ul style="list-style-type: none"> • Increased the Old Age Security (OAS) and the Guaranteed Income Supplement (GIS). • Cancelled the age of eligibility increase from 65 to 67 for OAS and the GIS. • Reached an agreement-in-principle with provincial governments to expand the Canada Pension Plan (CPP). • Committed to increase the Working Income Tax Benefit to ensure that lower-income workers have larger CPP benefits in retirement
People with Disabilities	<ul style="list-style-type: none"> • Developing accessibility legislation. • Committed to reinstate the Court Challenges Program of Canada.
Innovation in poverty reduction	<ul style="list-style-type: none"> • Working with its partners to develop a Social Innovation and Social Finance Strategy to support community organizations working to tackle persistent social challenges in new, innovative ways.
Indigenous People	<ul style="list-style-type: none"> • Developing an Indigenous Early Learning and Child care Framework. • Investing for improvements to primary and secondary education on reserve. • Investing for school infrastructure on reserve. • Investing in the First Nations Child and Family Services Program to help improve child welfare services. • Investing in housing and community infrastructure, including addressing urgent housing needs in Canada's northern and Inuit communities • Investing to support the renovation and construction of shelters for victims of family violence in First Nations • Investing in labour market programming. • Engaging stakeholders on a renewed and expanded Aboriginal Skills and Employment Training Strategy. • Strengthening and renewing the Urban Aboriginal Strategy. • Investing in the Aboriginal Courtwork Program. • Investing to support economic development for the Métis Nation. • Investing to promote, preserve and enhance Indigenous languages through the Aboriginal Languages Initiative communities. • Investing to support mental wellness on reserve and in territories, especially in communities facing mental health and suicide crises. In particular, to support the Inuit Tapiriit Kanatami in the implementation of its National Inuit Suicide Prevention Strategy.
Housing and Homelessness	<ul style="list-style-type: none"> • Developing a National Housing Strategy. • Investing in Investment in Affordable Housing program. • Investing in the Homelessness Partnering Strategy. • Investing in affordable housing for seniors. • Investing in shelters for victims of family violence. • Providing funding towards the renovation of existing social housing. • Investing towards an Affordable Rental Housing Innovation Fund.
Health and Food	<ul style="list-style-type: none"> • Developing and negotiating a health accord with provinces and territories. • Providing additional funding to expand Nutrition North Canada.
Post-secondary education	<ul style="list-style-type: none"> • Increased Canada Student Grants for low-and middle-income students. • Improved the Canada Student Loans Program to better meet the needs of low-income students. • Changed the repayment rules for the Canada Student Loans Program to help reduce student debt. • Improved access to the Canada Learning Bond for children from low-income families.
Support for low-income workers and the unemployed	<ul style="list-style-type: none"> • Reduced Employment Insurance (EI) premiums. • Working to reduce the waiting period to enhance income support through EI. • Eliminated higher eligibility requirements to the EI program for the New-Entrant and Re-Entrant to the Labour Market categories. • Extended the EI program's Working While on Claim pilot. • Temporarily extended EI benefits to regions that have experienced significant job losses as a result of the commodity price decline. • Committed to enhance parental and caregiving benefits delivered through EI. • Invested in the Labour Market Development Agreements and in the Canada Job Fund Agreements to support training and skills development. • Introduced initiatives to promote good-quality jobs and decent work in the federally regulated private sector. • Invested in the the Northern Adult Basic Education Program.

Canada.ca/reduce-poverty

#ReducePoverty



CITY  SPACES

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Vancouver BC V6E 2J3
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5th Floor 844 Courtney Street
Victoria BC V8W 1C4
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VILLAGE OF ANMORE AGE-FRIENDLY ACTION PLAN

DECEMBER 2013

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AGE-FRIENDLY PLANNING



AGE-FRIENDLY IN ANMORE

“If you build it for 80, it works for 8.”

– Joanie Sims-Gould, Centre for Hip Health and Mobility, Vancouver General Hospital

The sentiment in this quote by Joanie Sims-Gould exemplifies the emerging discussion about how the physical and social environment affects health, social connectedness and mobility; and how these elements contribute to the livability of our communities - for people of all ages. Principles of accessibility, inclusion, and respect, translate across the age spectrum and are fundamental to building successful communities worldwide. While the age-friendly dialogue is relevant in communities large and small, urban and rural; priorities should be set to reflect the local context and specific needs of a particular population.

The Village of Anmore is a relatively young municipality, incorporated just 25 years ago. Within its short history, the Village has developed a strong identity and offers a way of life that is unique in the Metro Vancouver Region and is highly valued by its residents. While a young municipality, Anmore is similar to many communities in the Lower Mainland, British Columbia and worldwide, in that, its population is aging. Many people who raised families here are now “empty-nesters”, with changing needs related to housing, recreation and services. Within this context, it is increasingly important for the Village to reflect on existing services and policies, and assess how well positioned it is to adapt to demographic shifts, towards building a community that embraces and supports all residents.

As part of the Anmore Official Community Plan update, Anmore launched an Age-Friendly planning initiative to address the needs and capacities of people from all age groups within the community. Through a community-driven initiative, with a focus on identifying key priorities, this concurrent process is intended to inform the development of policy and service delivery that will help establish Anmore as an Age-Friendly community.



BACKGROUND

WHAT IS AN AGE-FRIENDLY COMMUNITY?

The Age-Friendly Community Initiative was launched in 2006 by the World Health Organization (WHO) with the practical goal of adapting structures and services to be more inclusive of varying needs and capacities of people from all age groups.

WHO defines an “age-friendly” community as one in which public officials, service providers, community leaders, businesses and community members support and enable people to age actively by:

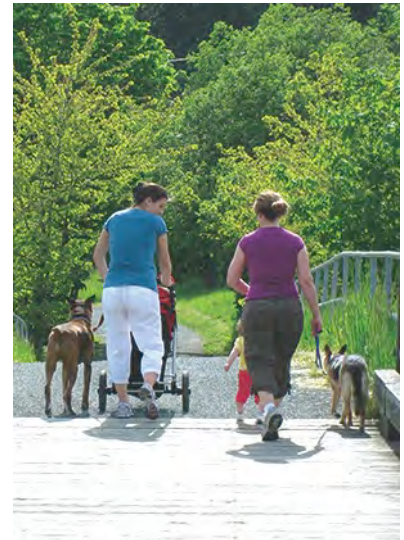
- recognizing the great diversity of capacities and resources among older persons;
- anticipating and responding flexibly to aging-related needs & preferences;
- respecting their decisions and lifestyle choices;
- protecting those who are most vulnerable; and
- promoting their inclusion and contribution in all areas of community life.

In age-friendly communities, policies, programs, services and infrastructure related to the physical and social environment are designed to address the needs of all residents - not just the elderly. Accessible buildings and streets enhance mobility for people with disabilities as well as parents with strollers; secure neighbourhoods and public places are welcoming for children, women and seniors; families are satisfied their older members can access the services and supports they need; and in general, the whole community benefits from the continued participation of older citizens in work or volunteer activities.

In both urban and rural communities, eight consistent themes related to the physical and social environments, services and policies are used in identifying issues and developing strategies to create age-friendly communities. These eight themes include:

1. Outdoor Spaces & Buildings;
2. Transportation;
3. Housing;
4. Respect and Social Inclusion;
5. Social Participation;
6. Communication and Information;
7. Civic Participation & Employment; and
8. Community Support & Health Services.

While some aspects of these themes will be more relevant in certain communities, Age-Friendly planning is intended to encompass the full range of themes and addresses the full spectrum and span of life, from infancy through youth, young adulthood, mid-adulthood and lastly our senior years.



“Active aging is “the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age”

– World Health Organization, 2012



AGE-FRIENDLY PLANNING IN BRITISH COLUMBIA

The Province of British Columbia estimates that by 2031, close to 1.5 million people across the province will be over 65—almost a quarter of the province’s population. To encourage BC communities to start addressing the needs of their growing seniors’ population, the Union of British Columbia Municipalities (UBCM) created a Seniors’ Housing and Support Initiative. Since 2007, the program has provided information and financial support to aid in the creation of Age-Friendly plans in communities across the province.

AGE-FRIENDLY PLANNING IN ANMORE

PURPOSE OF THE PLAN

As there are currently no policies in Anmore specifying age-friendly initiatives. The purpose of the work was to focus on engaging community through a Age-Friendly Working Group and through the Official Community Plan (OCP), and to develop strategies and recommended actions to establish a more age-friendly future for the Village of Anmore.

WORKING TOGETHER

In 2013, the Village of Anmore was successful in retaining a \$20,000 grant through the Seniors’ Housing and Support Initiative to undertake Age-Friendly community planning for the Village. Community engagement in the plan was sought through establishment of an Age-Friendly Working Group and with the general public at public open house events associated with the Official Community Plan update. Village staff, Council, and the Advisory Planning Commission were also active throughout.

In March 2013, the Village circulated an invitation to all residents to join a Working Group, to collaborate with the Village’s Advisory Planning Committee to discuss issues important to seniors, inform age-friendly policies, and find ways to possibly improve services and conditions for everyone in Anmore. Of 11 members, most Working Group participants were either seniors themselves, had parents who are elderly, or were interested in ensuring Anmore is “friendly” for all residents.



Using the eight key themes identified by the World Health Organization as a starting point, discussion with the Working Group and general public focused on the following topics, which were determined to be the most relevant to the Village:

ACCESSIBLE PHYSICAL ENVIRONMENT:

- Outdoor Spaces, Buildings & Connectivity – is Anmore walkable? What are some of the physical barriers?
- Transportation – what are the limiting factors in transportation services?
- Housing – does housing meet the needs of residents? What alternative housing options need to be considered?

INCLUSIVE PROGRAMS AND SERVICES:

- Communication - is information getting out to the people who could benefit from it? How should information be provided?
- Respect, Social Inclusion and Civic Participation – do people feel welcome; are there enough opportunities to participate in Village life? are there appropriate opportunities for residents to give back to the community?

The Working Group discussed how Anmore either does well or needs improvement on the above topic areas; to better meet the needs of all Village residents.





THE ANMORE CONTEXT

DEMOGRAPHICS - HOW OLD ARE WE?

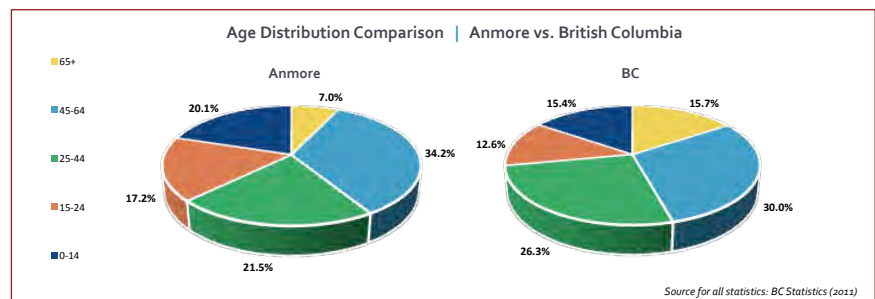
Anmore has a relatively small population of just under 2,400 people, and the Village has experienced fairly steady population growth over the past decade. Anmore has typically been a family-oriented community, drawing people who enjoy the outdoors and the friendly, semi-rural lifestyle of the Village. While the community is home to people of all ages, demographic data show that Anmore's population is aging, with those older than 65 making up about 7% of the population - a five-fold increase in seniors since 1996. This is a common trend in many BC and worldwide communities, as the "baby boomers" enter retirement age. Over the past 15 years, the proportion of people aged 40-64 has also continued to grow, which will significantly increase the number of seniors in the Village should these individuals remain in Anmore as they age. Anmore's population distribution is:

- Youth to 24 years = 37%
- 25 - 44 years = 22 %
- 45 - 64 years = 34%
- 65 years and up = 7%

In comparison to the BC average, Anmore has a higher percentage of youth under the age of 19 (37%) versus the BC average (28%).

The community is also slightly below the BC average in the adult cohort (25-44 year olds) and slightly higher in the middle age years (45-64 year olds). What is striking is that the proportion of residents who are over 65 years old is half the BC average - suggesting that people are moving out of the community once they reach retirement age. Reasons for the low proportion of seniors in Anmore were discussed with the Working Group and included suggestions such as an interest in downsizing from larger homes, limited access to services, for financial reasons, or to be in closer proximity to family outside Anmore.

Population of Anmore



CHALLENGES

Initial discussions with the Age-Friendly Working Group and through the OCP process identified that Anmore faces a few key challenges in planning for an age-friendly community:

- Low population of seniors over 65. It was suggested that the reasons for the low proportion of seniors in Anmore could be attributed to seniors leaving the community due to an interest in downsizing from larger homes, limited access to services, for financial reasons, or to be in closer proximity to family outside Anmore.
- While the community values its rural setting, it makes it difficult to get around without a private vehicle;
- There are few sidewalks and lighting of roads is limited;
- There are limited housing options to the single detached home on large lots and;
- Commercial and social services are limited within the community; and
- The Village has limited financial resources to put towards programs, services or physical improvements.

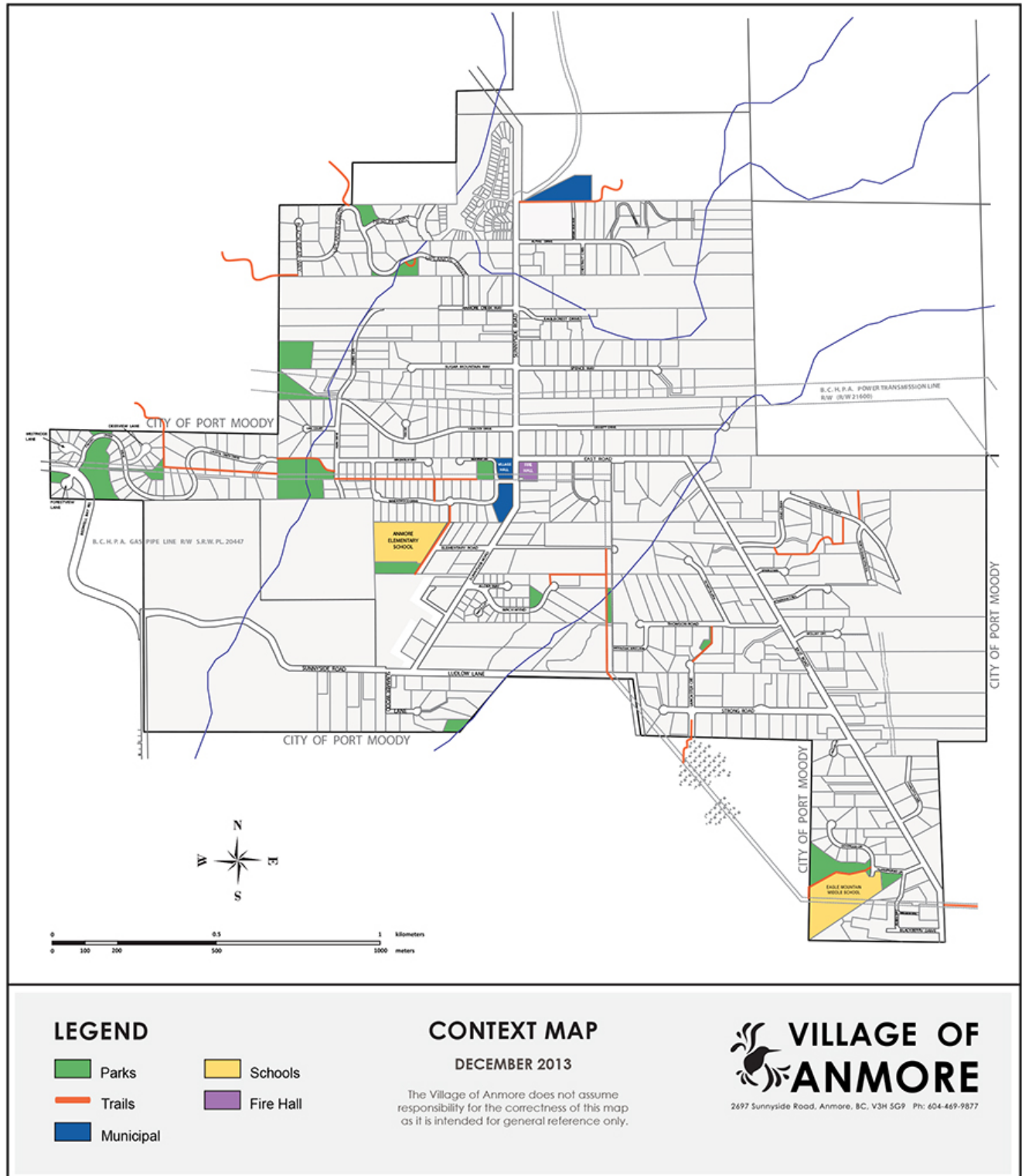
These challenges become heightened as populations age, making it important to address issues facing seniors so the Village can attract and retain a mix of ages within the community. The limited resources available to the Village highlight the need to prioritize implementation of actions and policies that will make the most positive impacts for residents.



Source: University of Regina Seniors Education Centre (2000)

THE STUDY AREA

The study area includes all of the Village of Anmore within the incorporated boundaries. The map below identifies the settlement area of the Village, key transportation routes (Sunnyside and East Roads), and destinations areas such as parks, trails and public facilities within the Village.



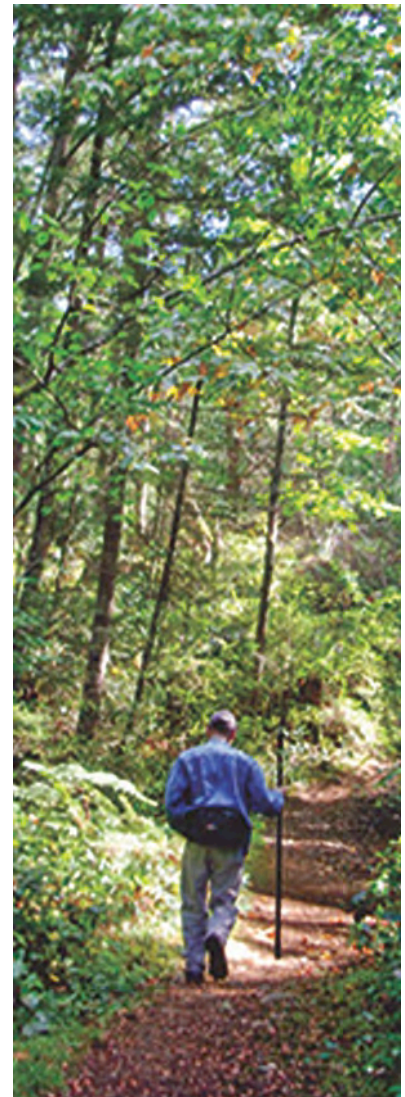
FINDINGS, STRATEGIES & ACTIONS

OUTDOOR SPACES, BUILDINGS & CONNECTIVITY

The design of outdoor spaces, access to buildings, and the connection between destinations can either facilitate or hinder the ability of members to freely move around and participate in the community. Walkability, and the positive impact a walkable environment has on community health and wellness, is a growing interest in many communities. Many people love living in close proximity to the trails and parks near Anmore for the range of recreational opportunities they can access. However, as people age, physical activity parameters may shift, making the walkability of local streets and neighbourhoods of greater concern and importance.

This is common topic area for most communities to address and one of the focus areas of discussion in Anmore's Age-Friendly planning process. While walkability and connectivity are extremely important characteristics of a community for seniors, the same principles benefit people of all ages - this is one of the areas of age-friendly planning that exemplifies the concept that "if you build it for 80, it works for 8". As a community with a high proportion of families with young children, local walking trails, outdoor spaces and accessible buildings contribute greatly to the livability of the Village.

With limited revenues, the Village is restricted in its ability to engage in detailed studies, develop new standards or initiate significant physical improvements. While the topic of walkability and the associated improvements that might be needed to enhance walkability in the Village was a key area of discussion, creative approaches to securing funding and engaging volunteers to spearhead projects could be extremely valuable in helping to advance the proposed strategies and actions outlined below.





COMMON ISSUES - WHAT WE HEARD

People from the Age Friendly Working Group reported that they find the outdoors in Anmore serene and relaxing with many trails and pathways to choose from - along with opportunities to view wildlife. These are extremely valued and positive aspects to living in the community. From the input provided at the age-friendly planning workshop in April, 2013 and the OCP Visioning Fair in June, 2013 a number of issues and barriers to mobility within the community were identified.

ISSUES AND BARRIERS:

- Poor connectivity with limited and narrow sidewalks and walkways connecting houses to the street; along the street; and to community amenities;
- Limited destinations within the community such as a cafe, retail, community library or art destinations (galleries or studios);
- Some desired more trails for hiking and walking. Some felt that there was great variety in trails but few accessible for those with mobility challenges;
- Limited street lights make walking around at night dangerous;
- Limited scooter access along roadways/pathways;
- Deep ditches that need to be crossed to get to the roadway for those walking or rolling;
- Poor accessibility to bus stops;
- Icy conditions and lack of snow clearing in winter; and
- Public spaces need to be better maintained, e.g. park near Dogwood.

PROPOSED STRATEGIES & ACTIONS

ENHANCE PEDESTRIAN FRIENDLINESS

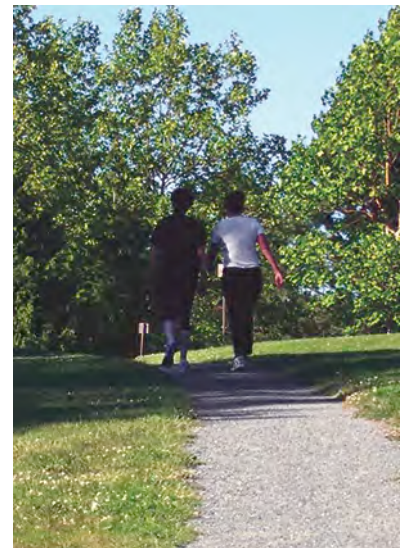
- Work with the community to develop a “hot spots” map that identifies key locations for future walkways and street, road, intersection and crosswalk improvements to make Anmore more pedestrian friendly and to connect destinations. Once complete, the Village of Anmore could prioritize improvements and explore sources of funding to provide capital over a series of years to incrementally improve pedestrian friendliness;
- Initiate Public Works to review and prioritize the safe and accessible passage from bus stops to public buildings like the Village Hall, the Fire Hall, Anmore Elementary School, Eagle Mountain Middle School and destinations like Buntzen Lake;
- Integrate pedestrian connections in future neighbourhood planning and identify any existing right of ways (e.g. road right of ways, or utility corridors) that could be used to increase connectivity and walkability within the community and decrease walking distances between destinations;



- Introduce benches in strategic locations around the Village to provide spaces to sit and rest.
- For roads without sidewalks, develop shoulders with materials that provide sure footing and bridge the deep ditches. This could include permeable paving or small gravel; and,
- Develop communications, for example a flyer or an on-line notification, to be sent out in November of each year to remind residents of their responsibilities regarding snow removal in front of their properties where there is a public walkway.

EMPHASIZE TRAILS

- Review the current trail system to determine the completeness of the system and identify where upgrades and enhancement should be made to increase access to local schools, community destinations and local neighbourhoods;
- When the Village develops Trail Guidelines, ensure features are incorporated to accommodate those with mobility aids (i.e. scooters, walkers etc.). This could include developing two trail standards, a natural or “rough” trail type and an accessible, flat or low grade and smooth surfaced trail. Additionally, education through signage of “share the trail” expectations of each trail type should be considered, to avoid user conflicts; and,
- Work with Council Committees and local organizations to identify trail improvements that could be donated or completed with volunteer labour. For example, organize a “community trail day”, develop an “Adopt a Trail” program or encourage other activities that will draw users into helping to maintain the amenities they value. Donated memorial benches were also discussed as another method to meet a need and build respect for trails in the Village.



TRANSPORTATION

Transportation is a key component to getting around a community and affects every aspect of people’s lives from accessing health services, volunteering, employment, and social and recreational events. Seeking out creative solutions to address the specific transportation needs of residents in a community should be part of infrastructure planning.

The roadway network, and the private automobile, is the primary transportation option for most people in Anmore, including seniors. Currently East Road from David to Sunnyside Road and Sunnyside Road from 1st Avenue to Buntzen Lake are part of the major road network. Anmore receives some funding to offset maintenance of these roads. In turn, any modifications to these road needs to be vetted through the Ministry of Transportation and Infrastructure to ensure capacity is maintained to required standards.

Public transit, managed by Translink, is one alternative form of transportation available to residents in the Village. A community shuttle bus currently serves Anmore residents and is an important link for commuters, students, seniors and access to Buntzen Lake during the summer.

Another option on the transportation spectrum is “active transportation”. There is a growing awareness in communities of the health and environmental benefits of walking and cycling. Improvements to walking and cycling paths have been shown to increase the numbers of users, including those with scooters. The old adage “build it and they will come” appears to be true in relation to active transportation.

While cycling is a commuting option and much-loved recreational activity for many people in Anmore, more seniors are looking for opportunities to connect to local destinations through walking over cycling. The rural road standards can present mobility challenges, which suggests that sidewalks or distinct multi-modal pathways following major transportation routes should be a primary consideration in any future active infrastructure improvements.

COMMON ISSUES - WHAT WE HEARD

Most of the participants at the age-friendly planning workshop in April, 2013 indicated that few used transit. For those who did, they felt it was reliable and connects to the appropriate Anmore and Port Moody destinations.

ISSUES AND BARRIERS RELATED TO TRANSIT USE:

- Schedule for off-peak hours is difficult and not always convenient;
- Capacity of buses at certain hours and timetable issues, for example, the schedule does not make provision to get children to school on time;
- Poor notification of schedule changes;
- No safety and comfort at bus stops including shelters, lighting and schedules and;
- Need for an annual communication link with the coordinator for the Northeast Sector from Translink to relay transit issues from the community to Translink.

ISSUES AND BARRIERS RELATED TO ROAD CONDITIONS:

- The speed of traffic on Sunnyside Road and East Road continues to be high;
- The increased weekend traffic, speeding, joyriding and “looky loos”;
- Need better signage;
- Lack of stop signs and;
- Need school zone speed control. It was noted that some of this is being done currently but needs to be maintained.

Participants expressed concern over the cost of providing and maintaining roads within the community. It was noted that speed enforcement is improving especially around the school.



PROPOSED STRATEGIES AND ACTIONS

TRANSIT

Translink is currently undertaking a Northeast Sector Area Transit Plan that will envision the area's transit network and needs for the next 30 years. As part of the current review, the Village of Anmore should consider advocating for:

- Input into transit schedules to meet the needs of the community;
- Input to ensure there is sufficient time in the transit schedule to accommodate for the loading and unloading of wheelchairs, strollers and other devices and;
- Advocate to improve bus stop conditions including pedestrian access, crosswalks, shelters, benches, lighting, scheduling or contact information, using the BC Transit Infrastructure Design Guidelines (2010). Consider cost sharing with BC Transit.



TRANSPORTATION PROGRAMS

- Consider implementing a community ride-share program;
- Develop a brochure with information about local transportation options and services for seniors including where to find information for transit, volunteer driver programs, ride-share information, and local businesses that deliver goods or services to people in their homes. This information should also be provided online on the Village of Anmore website;
- Consider implementing car stops - local stops where drivers can pull off the road and pick up people for a local ride. Pender Island uses this form of transportation as there is no transit service.



MAINTENANCE AND ROADS

- Work with the community to determine some priority locations for improved signage.
- Consider strategic traffic calming measures on East Road and Sunnyside Road.
- As the Village begins upgrading or replacing major infrastructure, consider introducing sidewalks or multi-modal pathways along roads that would be designed to fit with the rural standards, while providing safety for pedestrians and cyclists.

Informal ride sharing: Car Stop example signage on Pender Island

ACTIVE TRANSPORTATION

- See Section 1: Outdoor Spaces, Buildings & Connectivity in relation to improvements to enhance pedestrian friendliness and emphasize trails within the community.
- Aim to improve the safety and comfort of cycling routes as an option for connecting to destination within the Village or connecting to neighbouring communities.
- Encourage schools to identify barriers to kids walking and biking to school, and establish "safe routes to school".

HOUSING



Since the first homesteaders settled in the area, the settlement pattern in Anmore has typically consisted of homes on large lots, typically one acre, and on individual septic sewage systems. While not all homes in Anmore are located on one acre lots, 70% of dwellings are single-detached. The remainder are semi-detached or duplex. There are no townhouses or apartments. This predominant pattern of large detached homes on large lots contributes to the sense of semi-rural character in Anmore - so much so, that a referendum was held in 2002 on the question of upholding a minimum one acre lot size. Seventy percent of the community supported one acre lots at that time. The result of Anmore's land use policies and bylaws is a fairly homogenous mix of housing types, with limited choices beyond the single-detached dwelling.

There are a number of factors which may affect residents' preferred housing type, which vary amongst demographic groups. In smaller, family-oriented communities, like Anmore, housing demand and consumer preference is, still, predominantly single-detached homes. Residents whose preference for low-density, suburban single-detached homes seek attributes including: (i) larger lots; (ii) more open space; (iii) better automobile access; (iv) newer housing stock; and, sometimes, (v) prestige. For some residents, the preferred housing type may change based on tradeoffs, such as, the size of yard, neighbourhood access to community amenities.

Recently, there has been an increasing trend in mid-sized and smaller communities returning to smaller, more modest homes on small lots as well as increased desire for more housing choices, especially those seeking housing located closer to the city centre and community amenities. There is a major shift away from lower density suburban housing development to more compact housing forms in walkable and accessible neighbourhoods. This shift can be attributed to a variety of factors, including demographic trends.

LIFECYCLE HOUSING AND HOUSEHOLD SIZE

As people change over time, so do their housing needs. As a result, there tends to be a natural pattern of household turnover whereby residents relocate to different housing forms in order to better meet their needs. This is referred to as “lifecycle housing”. For example, a young person or couple may start out in an apartment or townhouse. If they have children, they may move into a single-detached house, forming a household of four. Over time, children grow and move-out, and the parents may choose to downsize: relocating to a smaller place for one or two, such as a ground-oriented town-home or independent seniors living facility. As “empty-nesters” move out of their family homes, they are normally replaced by young families, who repeat the cycle.

Anmore currently has gaps in the types of housing needed at certain stages of this lifecycle, meaning that some people won’t be able to stay in the community because they can’t find appropriate housing to suit their needs. In Anmore, the people most affected by the limited housing choices are younger people looking to move out of the family home or purchase their first home, and seniors looking to downsize or enter assisted living facilities.

Trends in household size are due in part to the average couple having fewer or no children. Also trending is the relationship between population age and household size, particularly pre-retirement and elderly residents. As children leave the home, many “empty nesters” are choosing to stay in their homes and age in place, thereby reducing the number of residents per household.

In general, there has been a notable downward trend in the average household size across British Columbia and Canada. Anmore still has a high percentage of families with children, but this may be due to the housing mix - there are few options for single persons, seniors, or people with lower incomes who may be looking for housing types not available in Anmore.

Anmore appears to be challenging a few of these general demographic trends by having a noticeably larger number of people per household; 3.6 versus the BC average of 2.5. Also, there are significantly fewer people staying in Anmore past the age of 65. The proportion of seniors living in Anmore is 7% versus the BC average, which is 15.7%.

... Over a period of 6 months following the first meeting, 4 of 11 Age-Friendly Working Group members left the community due to a lack of appropriate housing options or insufficient access to services.

COMMON ISSUES - WHAT WE HEARD

Many seniors want to age in their homes. Aging in place has been identified as an interest in the community along with increasing housing diversity and choice in order to facilitate people's wish to downsize or have more affordable options for housing in the Village. Providing or gaining access to the services that can help people to stay safe, happy and healthy at home is also desirable. Some of the comments that were commonly shared included:

- Seniors want to stay in Anmore but would prefer smaller homes on smaller lots;
- A diversity of homes is needed to allow people to move up or downsize as their needs change;
- Cluster housing, townhouses or secondary suites would be alternatives for seniors;
- Retirement home/care facility to accommodate seniors staying in Anmore was also mentioned; and
- Places to meet, such as a community centre or small retail services (e.g. coffee shop) were suggested as community amenities for all ages.

Through further discussion about housing choice, a question was raised about design guidelines in new neighbourhoods. Do developers require new homes to be of a certain size or style? Does this limit housing choice in the Village? Are there any regulatory barriers to building small, single-storey homes in the Village? The Working Group suggested the Village ensure there are no barriers to building smaller homes and encourage developers/builders not to limit these choices.

PROPOSED STRATEGIES & ACTIONS

- Through the Official Community Plan process expand current housing policy to consider cluster housing, townhouses or smaller houses on small lots in close proximity to the centre of Anmore to accommodate downsizing seniors or others looking for alternative housing options;
- Continue to permit the creation of secondary suites or coach houses to increase housing options and allow for multiple generations to live on one lot;
- Encourage the use of services like 'Better at Home'. Better at Home is a United Way managed program that allows seniors to remain in their home longer. The service is currently provided in Port Moody and can provide light housekeeping, grocery shopping, transportation to appointments, simple home repairs, friendly visiting, light yard work or snow shoveling and;
- Encourage use of Accessible and Adaptable Housing Design Guidelines for the construction of future residential dwellings. Universal Guidelines, or Visitability Guidelines which include wider doorways, no step entries, reinforced walls for handrails, washroom on ground floor of new buildings are a simple way to improve accessibility in homes.



COMMUNICATION

Communicating with the community across all ages groups is fundamental to the role of a local government. Finding easy and appropriate ways to communicate information to the community is essential, especially in small communities.

Anmore has limited resources to communicate widely and effectively to residents. For the most part, the Village depends on mailed notices, community signboards, and the Village website: www.anmore.com to disseminate vital information to residents. Sometimes, the most effective means of communication in the Village is word of mouth - from neighbour to neighbour. While this informal communication can be valuable, and is a unique characteristic of small, tight-knit communities, it is not reliable and messages are liable to be missed by those not “in the know”. People who are new to the Village, who aren’t well-connected, or are not “out and about” often, need to be able to access information that is relevant and important to them.

COMMON ISSUES - WHAT WE HEARD

Most people currently get information through the Village sign board, the Anmore Times, on-line, email trees, a mail drop from the Village or informal networks (friends, neighbours, parents at school, at the mailbox). Some find it difficult to know what services, resources and activities are available. Others identified that the Village of Anmore website is not well updated or easy to navigate.

PROPOSED STRATEGIES & ACTIONS

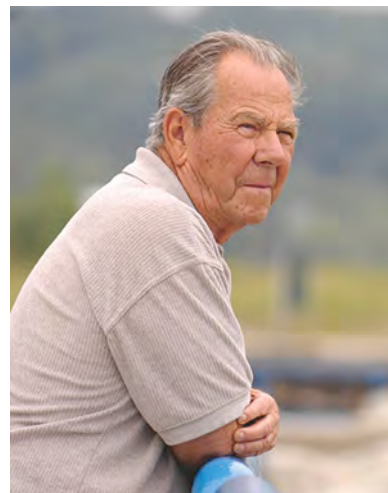
- Develop a Community Resource Directory on the Village of Anmore web page to include a range of items like local, Tri-City services with free delivery, volunteer driver opportunities, food programs, youth opportunities.
- Develop civic forms/notices/mailouts to communicate in an age-friendly way including clear, plain language, larger print and signs that are visually accessible. The following documents can be used as a guide to develop new standards:
 - The Standards for Accessible Design (SAD) developed by the Society of Environmental Graphic Design to comply with the American Disability Act;
 - Making Your Printed (Health) Materials Senior Friendly, National Institute on Aging, May 2008; and
 - Creating age-friendly websites, The Journal on Active Aging, July/August, 2004.

SUNSHINE COAST SENIORS RESOURCE DIRECTORY



This project was supported by a grant from the BC Ministry of Health under the 2012 Age-Friendly Community Projects Program administered by the Union of British Columbia Municipalities. Special thanks to the Working Group who assisted Marg Penney and Francine Lucas in compiling this document for the District of Sechelt.

December 2012



- Consider applying for a grant from the BC Ministry of Health (under the Age-Friendly Community Projects Program administered by the Union of British Columbia Municipalities) to create and implement a local Seniors Resource Guide that provides information on Anmore specific to the interests of seniors as well as programs and services in proximity to Anmore. Topic areas could include:
 - Healthy Living - nutrition, recreation opportunities, education
 - Home Care & Home Nursing
 - Support & Counseling
 - Finances
 - Housing & Care Facilities
 - Volunteer Opportunities
 - Transportation
 - Hospitals & Health Care
 - Business that deliver products or services

Various resource guides and facilities within the Tri-Cities currently offer information, services and programs for seniors. It will be important for Anmore to coordinate efforts with these local partners to avoid unnecessary duplication, while ensuring the specific needs and interests of Anmore's seniors are addressed. See pages 22 and 23 for a sample of local resources.

RESPECT, SOCIAL INCLUSION & CIVIC PARTICIPATION

The desire to participate in civic activities is a common human feeling. Equally important is the desire to feel welcome and respected. The needs of various age groups in the community in relation to interests, activities, and abilities may vary yet should all be taken into consideration. The intent is to provide opportunities to participate in a variety of events or activities, develop opportunities satisfying civic participation and for these to be accessible to a wide range of interests and ages.

Within Anmore there is a strong sense of community, centered on the activities people engage in, and the relationships that develop between neighbours. There has always been a high degree of civic dialogue and commitment to volunteerism among residents. All members of the population should be encouraged to participate in their community, and feel they have opportunities to engage in a meaningful way.



COMMON ISSUES - WHAT WE HEARD

There is an increased need for volunteers and a need to communicate volunteer opportunities in the community. It was identified that the same people repeatedly volunteer and that the pool of volunteers is diminishing due to people's busy schedules and people leaving the Village.

Also, as people age, the lack of transportation options limits some from participating in local events, especially during the evening hours. There may be volunteer drivers in the community but people don't know about them or they are not clear how to access them. A volunteer network to assist with driving and as a check in or safety net for seniors living on their own was identified as a potential service that would assist seniors and strengthen community connections.

To foster a greater degree of social interaction and civic participation, more meeting and gathering places are needed in the community. Introducing community meeting spaces in the new Village Hall was identified as a potential approach to serve this need.

People commented that at one time there was Welcome Wagon to assist in getting people acquainted with the community. This service provides a direct link between new and long-time residents, helps to transfer local knowledge, and strengthens the sense of community belonging for all residents.

PROPOSED STRATEGIES & ACTIONS

- Create an online volunteering section of the Village of Anmore website to incorporate volunteer opportunities with the various community groups. This would be a central location to communicate opportunities for volunteering. For those without access to the internet, the material could be available at City Hall.
- Host a volunteer drive event with the various community groups during Ma Murray Days to recruit volunteers.
- Develop a skills bank which inventories people's experience, interests and talent.
- Continue to recognize the volunteer efforts of those in the community.
- Address local transportation needs to access programs and resources either through improved transit schedules or volunteer drivers.
- Provide information on volunteer driving on the Village sign board, on the Village web site or through a future Seniors Resource Guide.
- Facilitate active participation of older persons and youth on Advisory Committees and Working Groups.
- Support a volunteer-led "Welcome Wagon" to provide basic information about the Village to new residents.
- Consider establishing an Age-Friendly Committee to assist in the implementation of recommendations in the Plan.

SUMMARY & NEXT STEPS

KEY FINDINGS

Some of the key messages emerging through the Age-Friendly Planning process included:

- Improving universal accessibility throughout the community is an important strategy that will benefit people of all ages;
- Connecting destinations is essential, e.g. bus stops, parks and trails, and public facilities;
- Exploring the current housing policy to consider alternative choices to the 1 acre lots and improve affordability;
- Communicating activities, events, programs, and resources through Anmore's website and developing a community Resource Directory, would be a valuable way to enhance social inclusion among residents, especially Seniors and new-comers and;
- Increasing awareness of the need for volunteering within the community and identifying resources among residents will help establish and maintain a strong, committed force of volunteers to support community initiatives.

SUGGESTED PRIORITIES

The Age-Friendly Action Plan sets out a new perspective on the future development of Anmore; a future that considers the distinct needs of seniors and embraces and supports all residents. The strategies and actions identified through the Plan will be incorporated into future Village policies, and implemented as the Village develops. Working Group Members reflected on the feedback and key issues that emerged through community engagement, considered the limited financial and staff resources available to the Village, and sought to identify priorities that would be achievable, benefit the general community, and directly address the needs and interests of Anmore's seniors. The proposed priorities include:

- Encourage flexibility in residential policy and creativity from the development community to address the housing needs of seniors, including smaller homes on smaller lots and accessible design elements.
- Incorporate Age-Friendly components into a Parks Master Plan, such as an accessible trail standard. In the long-term, aim to develop a connected trail network in the Village, which would incorporate accessible trail options.
- Initiate a volunteer-run "Welcome Wagon" to provide basic information about the Village to new residents and establish connections between new and current residents that will foster an inclusive and engaged population.



NEXT STEPS

The following steps should be undertaken to ensure continued support for this initiative:

- Encourage ongoing dialogue of the directions outlined in the Plan with the community through the Official Community Plan Update process;
- Incorporate feedback, strategies and actions into the update of the Official Community Plan;
- Explore Age-Friendly Implementation Funding and other grants, partnerships with adjacent municipalities and/or local agencies, community volunteers or other sources to assist in advancing the strategies and actions put forth in this Plan.

ACKNOWLEDGEMENTS

On behalf of the Village of Anmore, CitySpaces would like to thank the Age-Friendly Working Group members and those from the community who offered their time and energy to provide thoughtful input into the creation of the Anmore Age-Friendly Action Plan.

ANMORE AGE-FRIENDLY WORKING GROUP MEMBERS

- Grace Bergman
- Bob Devlin
- Peter Elias
- Barbara Elias
- Councillor Tracy Green
- Marcia Hurley
- Patrick Hurley
- Nancy Knauer
- Wolfgang Knauer
- Bruce Landon
- Nancy Maloney
- Kim Morden
- Susan Mueckel
- Joan Rudd



LOCAL RESOURCES

Anmore residents have access to a range of services and resources both locally and Regionally. The following list represents a sample of resources, programs and services currently available and of potential value to seniors in Anmore.

RESOURCE GUIDES

TRI-CITIES SOCIETY FOR COMMUNITY DEVELOPMENT

TRI-CITIES SENIORS' GUIDE

A directory of local organizations and businesses in the Tri-Cities offering information and services relevant to seniors. Download the Guide here:

<http://www.societyforcommunitydevelopment.com/node/245>

For more information, go online to the link below, or call 604-777-2394.

www.societyforcommunitydevelopment.com

UNITED WAY - METRO VANCOUVER

FAMILY & FRIEND CAREGIVERS INFORMATION AND RESOURCE HANDBOOK, 2013/2014

This directory of information and resources for family and friend (unpaid) caregivers is designed to connect people to community resources - government, non-profits, and businesses - to reduce caregiver stress, reduce isolation, and improve quality of life for the caregiver and their loved one. Download the Handbook here:

[http://www.uwlm.ca/sites/default/files/webfm/Our Work/Reports and Resources/CII Reports/Caregivers-Directory-2013.pdf](http://www.uwlm.ca/sites/default/files/webfm/Our%20Work/Reports%20and%20Resources/CII%20Reports/Caregivers-Directory-2013.pdf)

FRASER HEALTH

Link to the seniors' page of Fraser Health website for health and wellness resource information:

http://www.fraserhealth.ca/your_health/seniors/

BETTER AT HOME

The Better at Home Program, offering services and support to help seniors stay in their homes longer, is managed by the United Way and operated through the following community resource society in Port Moody:

SHARE FAMILY AND COMMUNITY RESOURCES SOCIETY

2615 Clarke Street (2nd Floor), Port Moody, BC V3H 1Z4
Paola Wakeford-Mejia, *Program Coordinator*
Paola.Wakeford-Mejia@sharesociety.ca
604.937.6991

MUNICIPAL RECREATION AND SENIORS PROGRAMS

COQUITLAM

Coquitlam parks and recreation operates two seniors' community centres:

GLEN PINE CENTRE:

<http://www.coquitlam.ca/parks-recreation-and-culture/sport-and-recreation/recreation-centres/glen-pine-pavilion.aspx>

DOGWOOD CENTRE:

<http://www.coquitlam.ca/parks-recreation-and-culture/sport-and-recreation/recreation-centres/dogwood-pavilion.aspx>

PORT COQUITLAM

PORT COQUITLAM LEISURE GUIDE

Guide includes a wide range of activities, classes, and services for adults 50+:

http://www.portcoquitlam.ca/Citizen_Services/Parks_and__Recreation/Leisure_Guide.htm

WILSON CENTRE

Provides services and activities for adults 50+:

http://www.portcoquitlam.ca/Citizen_Services/Parks_and__Recreation/Facilities___Amenities/Wilson_Centre/Wilson_Centre_Services.htm

PORT MOODY

PORT MOODY'S LEISURE GUIDE

Includes activities for adults 50+:

<http://www.bluetoad.com/publication/?i=183011>





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